HEALTH, FITNESS, AND RECREATION RESOURCES BS, Concentration in Therapeutic Recreation
Fall 2014 – Spring 2015

CONTACT INFORMATION
• Honors Program Advisor: Patricia Granfield (pgranfie@gmu.edu)
• Undergraduate Program Advisor: Brenda Wiggins (bwiggins@gmu.edu)

Once students begin attending Mason and declare a major they should see both their Honors College and their major department advisor for advising. Students must confirm their major requirements with their department advisor and with Patriot Web’s Degree Evaluation.

REQUIRED HOURS
• Hours Required in Major: 73
• Hours Required in Honors: see honors advisor
• This major requires a total of 120 credits to graduate, 45 of which must be at the 300-level and above.

HONORS REQUIREMENTS (see advising section of Honors College website for further details)
• All Honors College students earning a BS degree must complete Requirements 1 and 2 of the Honors College Curriculum, including taking 3 courses under Requirement 2. In general, it is expected that those students earning a BS will take HNRS 122, HNRS 131, and HNRS 240 to fulfill Requirement 2. If they do not, then they must complete the corresponding general education requirement with courses that are outlined in the University Catalog for their catalog year.
• Students earning a BS degree must complete Requirement 3 by taking two additional Honors courses beyond Requirements 1 and 2 of the Honors College Curriculum. These courses must be approved by your Honors College advisor in your Plan of Study.

ADVISING SHEET
  ♦ Honors Program Requirement
   ♦ Department Requirement

1st Year – 1st Semester (Fall) | Credits
---|---
o HNRS 110: Research Methods (Grade C or better required) | 4
o HNRT 125: A Liberal Arts Approach to Calculus or HNRT 225: Applied Calculus¹ | 3
♦ BIOL 124: Human Anatomy & Physiology² | 4
♦ PRLS 210: Introduction to Recreation and Leisure or SRST 200: History of Sport and Leisure | 3
♦ PSYC 100: Basic Concepts in Psychology | 3

Semester Total 17

1st Year – 2nd Semester (Spring)

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o HNRS 130: Conceptions of Self (or other course that satisfies Honors College Requirement 3) | 3
♦ BIO 125: Human Anatomy & Physiology² | 4
♦ PRLS 327: Foundations of Therapeutic Recreation | 3
♦ PHED 200: Professional Dimensions of Health, Recreation & Physical Ed. | 3
♦ PSYC 211: Developmental Psychology | 3

Semester Total 16
### 2nd Year – 1st Semester (Fall)
- HNRS 122: Reading the Arts 3
- HNRS 131: Contemporary Society in Multiple Perspectives 3
- HEAL 205: Principles of Accident Cause and Prevention 3
- PRLS 310: Program Planning and Design 3
- PRLS 416: Trends and Programming Assessment in Therapeutic Recreation 3

Semester Total 15

### 2nd Year – 2nd Semester (Spring)
- HNRS 230: Cross-Cultural Perspectives (or other course that satisfies Honors College Requirement 3) 3
- HEAL 323: Program Leadership and Evaluation 3
- PRLS 241: Practicum 3
- PRLS 317: Social Psychology of Play and Recreation 3
- PRLS 417: Processes, Techniques and Supervision in Therapeutic Recreation 3

Semester Total 15

### 3rd Year – 1st Semester (Fall)
- HNRS 240: Reading the Past 3
- PRLS 316: Outdoor Education and Leadership 3
- PRLS 410: Administration of RHT Organizations I 3
- STAT 250: Introductory Statistics I 3
- ATEP 201: Medical Terminology 3

Semester Total 15

### 3rd Year – 2nd Semester (Spring)
- HNRS 353: Technology in the Contemporary World (grade of C or better required) 3
- PRLS 411: Administration of RHT Organization II 3
- PRLS 418: Assessment in Therapeutic Recreation 3
- PRLS 460: Sport and Recreation Law 3
- PSYC 325: Abnormal Psychology 3

Semester Total 15

### 4th Year – 1st Semester (Fall)
- PRLS 405: Planning, Design and Maintenance of Leisure Facilities 3
- PRLS 450: Research Methods 3
- PRLS 503: Administration and Disability Rights in Therapeutic Recreation 3
- Electives 6

Semester Total 15

### 4th Year – 2nd Semester (Spring)
- PRLS 490: Internship 12

Semester Total 12

**Total Hours** 120
1. MATH 113 or HNRT 125 or HNRT 225 fulfills the quantitative reasoning requirement for the Honors Program. Math 113 requires a placement exam. See the Math Department for exam days and times.
2. BIOL 124/125 satisfies the Honors College science requirement.